

Cognizance on Compassion Fatigue at work place

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ABSTRACT (250-300 words)

The undesirable commitment of emotional labour is frequently alluded as Compassion Fatigue (CF). Among the various occupational stresses faced by workers, dental professionals are more susceptible to suffer from this. It leads to affect their psychological and emotional behaviour which in turn leads to poor work performance. Compassion fatigue is “stress resulting from exposure to a traumatized individual”. A convergence of Secondary Traumatic Stress (STS) and cumulative burnout (BO) is used to describe compassion fatigue, which is set apart by a decreased capacity to adapt to one's everyday environment making a condition of physical and mental fatigue. This has a huge impact on the standard of health delivery to patients, relationships with colleagues as well as transfers to serious mental health conditions like anxiety, depression or post traumatic stress disorder (PTSD). This review article considers the issue of CF, its impact on dental professionals and the interventions to manage this.

Keywords: burnout, compassion, fatigue, stress, workplace

BIOGRAPHY (100-150 words)

Prof (Dr). Ramesh Nagarajappa, graduated from the prestigious Bapuji Dental College and Hospital, Davangere, India in 1999. I am presently working as a Professor and Head, in the Department of Public Health Dentistry affiliated to Siksha 'O' Anusandhan (Deemed to be University) at Bhubaneswar in India. I have a post-graduation teaching experience of over 22 years and guiding both PhD and MDS students. I have also authored 132 scientific publications in various international and national reputed journals. Been a regular reviewer too in many journals. I do have an experience of delivering scientific presentations and chairing scientific sessions in various conferences.

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